

CPR/AED training Heartsafe Community

If someone in your family, or a neighbor, or someone in the grocery store collapsed of sudden cardiac arrest, would you know what to do?

City of Lexington Fire

Is working to create a HeartSafe Community



The Facts are Alarming:

- Sudden Cardiac Arrest (SCA) strikes suddenly!
ANYONE, ANYWHERE, ANYTIME
- *SCA is not the same as a heart attack*
- *An estimated 360,000 people die annually from out-of-hospital SCA*
- *80% of SCAs occur at home*
- *60% of all SCAs are witnessed, sadly only 32% have the confidence to deliver hands-on CPR needed to help until EMS arrives on the scene*

TAKE A CPR/AED CLASS. Preparing in advance is key!

Be the person who can save a life

When: Monday and Wednesday, dates to be determined

Time: To be determined

Where: Lexington Fire Station

Cost: Contact for information

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